

Basic Quarter Beat Study

1 + 2 + 3 + 4 +

This pattern shows a quarter note on each beat. The first note is on the downbeat (labeled 1), followed by an upbeat (labeled '+'). This pattern is repeated four times.

1

2

3

4

1 + 2 + 3 + 4 +

1 + 2 + 3 + 4 +

1 + 2 + 3 + 4 +

1 + 2 + 3 + 4 +

This pattern shows eighth-note pairs on each beat. The first note of each pair is on the downbeat (labeled 1), followed by an upbeat (labeled '+'). This pattern is repeated four times.

5

6

7

8

1 e + a 2 + 3 + 4 +

1 e + a 2 + 3 + 4 +

1 e + a 2 + 3 + 4 +

1 e + a 2 + 3 + 4 +