

Bass Drum Polyrhythm in 3

You can play a really cool sounding polyrhythm by phrasing the bass drum every 3 sixteenth notes in a standard 4/4 pattern. This can feel awkward to play at first, so I suggest writing out the 16th notes above the measure to see where the notes line up (1e&a 2e&a 3e&a 4e&a).



When you feel comfortable playing this, try to move the bass drum rhythm over to the ride cymbal while playing quarter notes on the bass drum. Take it slow and enjoy. Watch a video demonstration below.



https://drumlessonsinla.com/blog/bass-drum-polyrhythm-in-3